

# TASMANIAN MASTERS ATHLETICS INC.



## Combined Northern Summer Program 2018-2019

Venue - St Leonards Athletics track

Masters events (Point scoring on Wednesdays only)

Date	Day	Who	Prog	5:45pm Field Event	6:15pm Middle Dist	6:30 Short	Approx Start	Long	Relay
<b>October</b>									
3/10/2018	Wednesday	Masters Only		Shot Put	400	100	6:45 PM	5000	
6/10/2018	Saturday	Interclub	A	See attached Interclub program for full list of events					2:30pm start
10/10/2018	Wednesday	Masters Only		Long Jump	800	200	6:45 PM	4000	
13/10/2018	Saturday	Interclub	B	See attached Interclub program for full list of events					2:30pm start
17/10/2018	Wednesday	Combined Event	C	Javelin	1500	300	7:05 PM	3000	Swedish Relay 7pm
24/10/2018	Wednesday	Combined Event	D	Triple Jump	400	60	7:10 PM	5000	4x100 Relay 7pm
31/10/2018	Wednesday	Masters Only		Discus	800	100	6:45 PM	4000	
<b>November</b>									
3/11/2018	Saturday	Interclub	A	See attached Interclub program for full list of events					4pm Start
7/11/2018	Wednesday	Masters Only		High Jump	1000	200	6:45 PM	3000	
10/11/2018	Saturday	TAL Plus	Multi event	2 day event					
<b>11/11/2018</b>	<b>Sunday</b>	<b>State Masters Pentathlon - Launceston</b>							
14/11/2018	Wednesday	Combined Event	B	Shot Put	800	60	7:05 PM	5000	4x400 relay 7:30 pm
21/11/2018	Wednesday	Combined Event	C	Long Jump	1 mile	100	7:05 PM	3000	Swedish Relay 7pm
28/11/2018	Wednesday	Combined Event	D	Javelin	400	200	7:10 PM	4000	4x100 Relay 7pm
<b>December</b>									
5/12/2018	Wednesday	Combined Event	A	Triple Jump	1500	60	7:05 PM	3000	Swedish Relay 7pm
12/12/2018	Wednesday	Combined Event	B	Discus	800	200	7:05 PM	5000	4x400 relay 7:30 pm
19/12/2018	Wednesday	Combined Event	Decathlon		1 Mile	60		4000	
<b>CHRISTMAS BREAK - Merry Christmas and Happy New Year!</b>									

Date	Day	Who	Prog	5:45pm Field Event	6:15pm Middle Dist	Short	Approx Start	Long	Relay
<b>January</b>									
2/01/2019	Wednesday								
9/01/2019	Wednesday	Combined Event	C	High Jump	400	100	7:05 PM	3000	Swedish Relay 7pm
16/01/2019	Wednesday	Masters Only		Shot Put	800	200	6:45 PM	4000	
18/01/2019	Friday	Interclub	D	See attached Interclub program for full list of events					6:30 Start
23/01/2019	Wednesday	Masters Only		Long Jump	1000	300	6:45 PM	5000	
26/01/2019	Saturday	Interclub	A	See attached Interclub program for full list of events					2:30 start
30/01/2019	Wednesday	Masters Only		Javelin	1500	60	6:45 PM	3000	
<b>February</b>									
2/02/2019	Saturday	State Multis & 10k events - Hobart							
3/02/2019	Sunday	State Multis & 10k events - Hobart							
6/02/2019	Wednesday	Combined Event	B	Triple Jump	400	200	7:05 PM	5000	4x400 relay 7:30 pm
13/02/2019	Wednesday	Masters Only		Discus	800	100	6:45 PM	4000	
16/02/2019	Saturday	Interclub	C	See attached Interclub program for full list of events					5pm start
20/02/2019	Wednesday	Masters Only		High Jump	1 mile	60	6:45 PM	3000	
23/02/2019	Saturday	Interclub	D	See attached Interclub program for full list of events					
27/02/2019	Wednesday	Combined Event	A	Shot Put	400	60	7:05 PM	3000	Swedish Relay 7pm
<b>March</b>									
3/03/2018	Saturday								
6/03/2019	Wednesday	Combined Event	B	Long Jump	800	200	7:05 PM	5000	4x400 relay 7:30 pm
13/03/2019	Wednesday	Combined Event	C	Javelin	1500	100	7:05 PM	3000	Swedish Relay 7pm
15/03/2019	Friday	State T&F Champs Hobart							
16/03/2019	Saturday	State T&F Champs Hobart							
17/03/2019	Sunday	State T&F Champs Hobart							
24/03/2019	Sunday	Combined Event	D	Triple Jump	400	200	7:10 PM	4000	4x100 Relay 7pm

**Note: Northern Athletics interclub and combined events - all events are open to masters athletes - only Wednesday night events listed on this schedule are points scoring for Masters awards**