

WORLD MASTERS ATHLETICS

TORONTO 2020

CANADA & USA

TORONTO

Friday 17 July - Sunday 2 August

MONTREAL or NEW YORK

Sunday 2 August - Sunday 9 August

THE ROCKIES

Sunday 9 August - Monday 17 August

PREPARED BY: Lisa Mac - NPIRE Travel

WMA Toronto 2020

ITINERARY

TORONTO

Day 1: Friday 17 July

- Departure City to Toronto
- Arrive in Toronto
- Check in and explore the local area
- Team Dinner

Day 2: Saturday 18 July

- Walk and Stretch
- Royal Ontario Museum
- CN Tower including the SkyPod

Day 3: Sunday 19 July

- Training
- Explore Queen Street
- Team Dinner and Event

Days 4 to 8: Monday 20 to Friday 24 July

- **WMA Championships Days 1 - 5**
- Registrations open later in 2019
- <http://wmatoronto2020.com/>
- Additional activities available on request

Day 9: Saturday 25 July

- Scheduled Rest Day (Regional Meetings)
- Casa Loma Gothic Revival Castle [or](#)
- Niagara Falls + Voyage to the Falls Boat Tour
- Additional activities available on request

Days 10 to 13: Sunday 26 - Wednesday 29 July

- **WMA Championships Days 6 - 9**
- Additional activities available on request

Day 14: Thursday 30 July

- Scheduled Rest Day (General Assembly)
- Casa Loma Gothic Revival Castle [or](#)
- Niagara Falls + Voyage to the Falls Boat Tour
- Additional activities available on request

Day 15: Friday 31 July

- **WMA Championships Day 10**

Day 16: Saturday 1 August

- **WMA Championships Day 11**
- Closing Ceremony + Athletes Party

Day 17: Sunday 2 August

- Sightseeing (morning) at your discretion
- Transit from Toronto to Montreal [or](#)
- Transit from Toronto to New York [or](#)
- Transit from Toronto to Aus or NZ [or](#)
- Continue with personal travel

Contact Lisa Mac to request the detailed itinerary with package inclusions and exclusions

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WMA Toronto 2020

ITINERARY

MONTREAL HIGHLIGHTS

Day 17: Sunday 2 August

- Depart Toronto + Arrive in Montreal
- Check in and explore the local area

Day 18: Monday 3 August

- Walk to Mount-Royal Park
- Visit Mile End + Plateau Restaurants

Day 19: Tuesday 4 August

- 3 hour Food Tour

Day 20: Wednesday 5 August

- Free Choice Sightseeing Day

Day 21: Thursday 6 August

- Old Port Montreal
- Saint Lawrence River Sightseeing Cruise
- Dinner at St Paul St. E

Day 22: Friday 7 August

- Lake Monroe
- Diable + Crooked Waterfalls

Day 23: Saturday 8 August

- Jean Talon Market
- Notre-Dame Basilica of Montreal

Day 24: Sunday 9 August

- Sightseeing (morning) at your discretion
- Depart Montreal + Arrive Vancouver
- Dinner with the New York group

NEW YORK HIGHLIGHTS

Day 17: Sunday 2 August

- Depart Toronto + Arrive in New York
- Check in and explore the local area

Days 18 + 19: Monday 3 + Tuesday 4 August

- All Around Town 48 hour Hop on Hop off bus
- 3 Tour Loops in a Double Decker bus to do
- Brooklyn, Downtown and Uptown Tour Loops

Day 20: Wednesday 5 August

- 9/11 Memorial + Museum
- Rockefeller Centre + Top of The Rock

Day 21: Thursday 6 August

- Times Square
- Madison Square Garden VIP Tour

Day 22: Friday 7 August

- Woodbury Common Premium Outlets
- Broadway Show

Day 23: Saturday 8 August

- Boroughs Tour: Brooklyn + The Bronx + Harlem + Queens + Coney Island

Day 24: Sunday 9 August

- Sightseeing (morning) at your discretion
- Depart New York + Arrive Vancouver
- Dinner with the Montreal group

Contact Lisa Mac to request the detailed itinerary with Montreal and New York package inclusions and exclusions

WMA Toronto 2020 ITINERARY

THE ROCKIES HIGHLIGHTS

Day 24: Sunday 9 August

- Depart Montreal or New York
- Arrive in Vancouver - Group Dinner

Day 25: Monday 10 August

- Shannon Falls + Whistler Village

Day 26: Tuesday 11 August

- Kamloops + Okanagan + Sun Peaks

Day 27: Wednesday 12 August

- Spahats Falls + Mount Robson
- Maligne Canyon + Jasper National Park

Day 28: Thursday 13 August

- Maligne Lake Boat Tour + Spirit Island
- Columbia Icefields + Sunshine Mountain

Day 29: Friday 14 August

- Banff National Park + Standish Viewpoint
- Gondola Ride + Banff Springs Hotel

Day 30: Saturday 15 August

- Lake Louise + Moraine Lake + Emerald Lake

Day 31: Sunday 16 August

- Revelstoke Mountain + Okanagan Valley

Day 32: Monday 17 August

- Vancouver sightseeing
- Depart Canada or personal travel



Next Steps:

- Contact Lisa Mac to request a copy of the detailed NPIRE Travel Package Overview
- Complete the Expression of Interest Form (which does not lock you into buying a package)
- NPIRE will be in contact with you to discuss your travel ideas and package options
- NPIRE will provide you with a quote
- Secure your WMA Toronto 2020 package
- Let the countdown begin - Build Your Future!

GET IN TOUCH

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