

Please fill in and hand in on the day

PARTICIPANT DECLARATION

1. I, the undersigned, in consideration of and as a condition of my entry in this event for myself, my heirs, executors and administrators, hereby waive all and any claim, right or cause of action which I or they might otherwise have for or arising out of loss of my life or injury, damage or loss of any description whatsoever which I may suffer or sustain in the course of or consequent upon my entry or participation in this event.
2. This waiver release of discharge shall operate in favour of the ACT Masters Athletics Club Inc., and any other organising club or clubs, all officers, members and employees of the Australian Federal Police and all race sponsors and shall so operate whether the damage or cause is due to any act or neglect of any of them.
3. I have trained for this event, have no medical impairment, which may be detrimental to my health, and will withdraw from the event if I suffer a viral complaint during the last seven days prior to the race.

Name.....

Signature.....

IMPORTANT NOTICE FOR NON-MEMBERS OF ACTMA or AMA.

(A requirement for public liability insurance)

I apply for Day Membership of ACTMA.

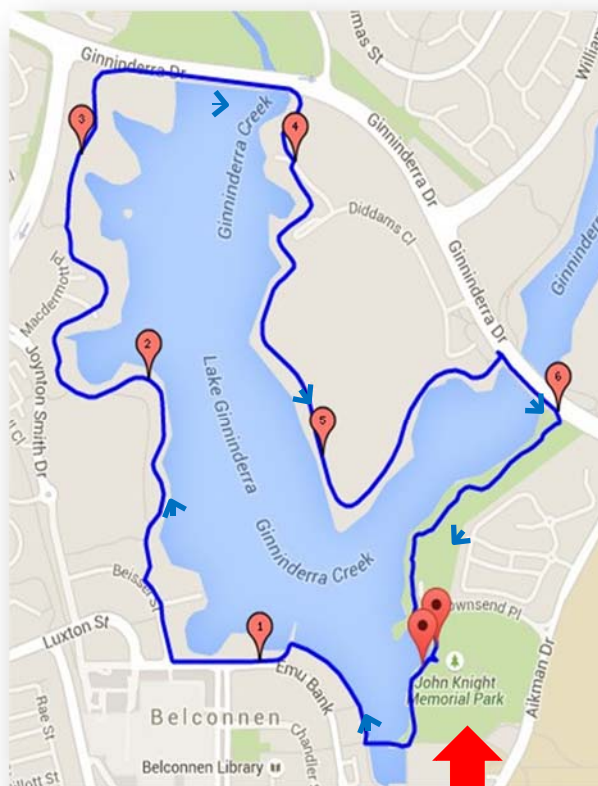
Signature:.....

Half Marathon Course

Around the picturesque Lake Ginninderra

Three laps less 95 metre, clockwise

Accurately measured course of 21.1km



Start/Finish near lake edge

John Knight Park, at end of Townsend Place
Lake Ginninderra, Belconnen, ACT

For further information:

Race Director: Shane Hutchison ☎ 0419 009 403

secretary@actmastersathletics.org.au

www.actmastersathletics.org.au



ACT Masters Athletics Club

37th Annual Half Marathon

A half marathon for
ACTMA athletes and day membership guests,
incorporating the
AMA National Championships

**Sunday
19 August 2018**

Entries close Thursday 16 August

<https://actmastersathleticshalfmarathon2018.eventdesq.com/>

ACTMA Half Marathon

*open to all men and women
aged 30 and over*

AMA Championships

open to all AMA member athletes

Dual Start Times

8.00am Athletes 60 plus
8.30am Athletes 30 to 60

What you need to know

Entry/Registration

- All entries online only
- All entries close: 5pm Thursday 16 August
- **No Late Entries will be accepted:** as this event incorporates AMA National Championships
- **On-day registration:** all participants must register on the day. Registration desk open 7:00am to 8:00am
- **Bib collection:** on the day from registration desk

Entry Fees

- **ACTMA Half Marathon**
ACTMA Members \$30
For Non-Members of ACTMA \$40
- **AMA National Championships**
AMA Members \$50 (this includes all associated clubs)
- **Dual entry allowed** (see online entries)

Medals and Timing

- **Medals:** for FIRST, SECOND and THIRD in all masters' five-year age groups best time across the line
- **Compare your time:** Masters athlete's times are calculated as a percentage against the World Masters Athletics Age-Standard, calculated on one-year intervals

Presentation Times

- 10.45am AMA National Championships
- 11.00am ACTMA Half Marathon

Calling for volunteers

Not running but coming to watch a loved one?
Why not register to volunteer and join in the action.
Register online at
<https://actmastersathleticshalfmarathon2018.eventdesq.com/>

2017 ACTMA Masters Half Marathon



Photos by Suzie Gaynor



AMA & ACTMA thank the sponsors

- The Runners Shop
- New Balance
- National Mailing & Marketing
- Kingston Physiotherapy
- The Walking Clinic



We also thank the volunteers from
St John Ambulance ACT
for providing First Aid.