



ATHLETICS SOUTH

WINTER COMPETITION 2022

dedicated to the memory of

Maxwell George Cherry

OAM (1927-2008)

Proudly sponsored by



**73 Murray Street Hobart
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ATHLETICS SOUTH WINTER PROGRAM 2022

APRIL

Sat 9	AS	* Graeme Cruise Memorial 3.8km & 6.1km 1030 Start	Bellerive Beach
Sat 23	AS	* Domain Cross Country 4km & 8km	Domain X Roads
Sun 24	EL	Great Train Race Fun Run	Devonport
Sat 30	AS	* Opossum Bay Cross Country 4.8km & 9.2km	Opossum Bay

MAY

Sun 1	TMA	Jim Burr Memorial Mountain Run (Pipeline Track) 1000 Start	Fern Tree
Sun 1	KTS	Kunanyi Trail Series Cascade Slide 3.8km & 10.7km	South Hobart
Sat 7	AS	* John Keenan Memorial Government House 3.2km 0900 Start	Lower Domain
Sun 8	WIS	Mothers Day Classic Fun Run & Walk 5km	Bellerive Beach
Sun 15	C2C	City to Casino Fun Runs 2.5km, 7km & 11km	Hobart
Sat 21	AS	* Snug Foreshore Handicap 3km & 6km	Snug
Sun 22	EDF	Endorfun Trail Run 18km	Tasman Peninsula
Sat 28	AS	*Kempton Road 4km & 10km	Kempton
Sun 29	TMA	Tasmanian Masters Athletics Road Titles 11am	Campbell Town

JUNE

Sat 4	AS	* Gellibrand Drive Cross Country 3.1km & 6.2km	Sandford
Sun 12	EPIC/AT	Launceston Running Festival (Including AT Half Marathon Championships)	Launceston
Sat 18	AS	*Peter Murrell Reserve Cross Country 5.3km & 10.6km	Huntingfield
Tue 21	AT	Tasmanian All Schools (Primary) Cross Country Championships	Symmons Plains
Sat 25	AS	Claremont Foreshore Handicap 4km	Claremont
Sun 26	EDF	Endorfun Trail Run 11km & 29km	Freycinet Peninsula
Tue 28	AT	Tasmanian All Schools (Secondary) Cross Country Championships	Symmons Plains

JULY

Sat 2	AS	Green Point Reserve Relay 3 Runners x 2 x 2km	Bridgewater
Sat 2	EQGC	Gold Coast Half Marathon & 5K	Gold Coast
Sun 3	EQGC	Gold Coast Marathon & 10K	Gold Coast
Sat 9	AS	* Max Cherry Memorial Upper Domain Road 2.4km & 7.2km (Sealed Handicap) 1030 Start	Domain X Roads
Sat 16	AS	* Smith's Apple Orchard 4.2km & 8.4km	Grove
Sat 23	AT/TMA	Tasmanian Cross Country Championships (Combined AT & TMA Open & Age Related Distances)	Domain.
Sat 30	AS	* St Virgil's Cross Country 4km & 7.5km	Austins Ferry
Sat 30	EDF	Endorfun Trail Run 6.2km	Russell Falls

AUGUST

Sat 6	AS	* Baskerville Raceway Road 4km & 8km	Old Beach
Sun 7	KTS	Kunanyi Trail Series Tolosa Half 21km & 9.8km	Glenorchy
Sat 13	AS	Tolosa Park Cross Country 2.6km & 5.2km	Glenorchy
Sun 14	NSAC	Hazel Bros Glenorchy Fun Run 5km & 10km	Glenorchy
Sun 14	AA	Australian Half Marathon Championships	Sunshine Coast
Sat 20	AS	*Gellibrand Drive Cross Country 4.6km & 9.2km	Sandford
Sat 27	AS	Wentworth Park Handicap 5km 1030 Start	Howrah
Sat 27	AA	Australian and All Schools Cross Country Championships	Adelaide
Sun 28	AA	Australian and All Schools Cross Country Championships	Adelaide

SEPT

Sat 3	AS	* Jenny Lennon Memorial Cross Country 5km & 10km	Runnymede
Sun 4	FonF	Flinders Island Running Festival 26km Pub2Pub & 42km Trail Marathon	Flinders Island
Sat 10	AS	Froggy Wise Memorial Handicap 4.2km & 8.5km 1030 Start	Risdon Brook
Sun 11	EDF	Endorfun Trail Run 17.5km	Labillardiere Peninsula
Sun 18	AS	Roll Cycles Hobart Fun Run 2.5km & 5km	Hobart

OCT

Sun 2	MM	Melbourne Marathon & Half Marathon	Melbourne
Sun 23	EPIC/AT	UTAS Burnie Ten Fun Run 10km (Including AT 10km Road Championships)	Burnie

NOV

Sun 6	DFR	Dover Fun Run 10km	Dover
Sun 13	TTMR	Triple Top Mountain Run	Sheffield
Sun 20	P2P	Knight Frank Point to Pinnacle	Hobart

DEC

Sat 3	ULT	Bruny Island Ultra Run/Relay 64km	Bruny Island
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* Club Premiership Rounds

Program subject to change in accordance with course availability / conditions / guidelines applying at the time.

AS Athletics South
AT Athletics Tasmania
AA Athletics Australia
C2C City to casino
DFR Dover Fun Run
EDF Endorfun
EL Everyday Lions
EPIC EPIC Events & Marketing
EQGC Events Queensland Gold Coast
FonF Fitness on Flinders

KTS kunyani Trail Series
MM Melbourne Marathon
NSAC Northern Suburbs Athletic Club.
P2P Point to Pinnacle
TMA Tasmanian Masters Athletics
TTMR Triple Top Mountain Run
ULT Ultra Tasmania
WIS Women In Super

Cross Country Championship:

Round 1	30 April	*Opossum Bay 4.8km & 9.2km
Round 2	18 June	*Huntingfield 5.3km & 10.6km
Round 3	16 July	*Grove 4.2km & 8.4km
Round 4	20 August	*Gellibrand Drive 4.6km & 9.2km
Round 5	3 September	*Runnymede 5km & 10km

Handicap Award:

Round 1	21 May	*Snug Foreshore 3km & 6km
Round 2	25 June	Claremont Foreshore 4km
Round 3	9 July	*Upper Domain Road 2.4km & 7.2km (Sealed)
Round 4	27 August	Wentworth Park 5km
Round 5	10 September	Risdon Brook 4.2km & 8.5Km

Premiership Rounds:

There will be 14 rounds to decide the Winter Premiership. Premiership points, Consistency Awards points and Athlete of the Season Awards points are allocated in these rounds as follows:

Round 1	Graeme Cruise Memorial XC Bellerive Beach
Round 2	Domain Cross Roads XC
Round 3	Opossum Bay XC
Round 4	John Keenan Memorial Government House Road
Round 5	Snug Foreshore HC
Round 6	Kempton Road
Round 7	Gellibrand Drive 3/6 XC
Round 8	Peter Murrell Reserve XC
Round 9	Max Cherry Memorial Upper Domain Road
Round 10	Grove XC
Round 11	St Virgil's XC
Round 12	Baskerville Raceway Road
Round 13	Gellibrand Drive 4/9 XC
Round 14	Jenny Lennon Memorial Runnymede XC

All Athletes must be registered for out of stadium (OOS) competition to compete, as per the requirements of Athletics Tasmania. Refer to Club Registrars for conditions and fees. To be eligible to score Interclub points, all athletes must be registered prior to 1800 (6pm) on the Friday beforehand.

Entry Procedures:

All Athletics South events start at 10:00am (with the exception of 9 April, 9 July, 27 August & 10 September) and most events give a choice of two distances. Entries should be received no later than 10 minutes prior to the start of the race. The entry procedure involves nominating the race distance you have chosen with your respective Club. All athletes will be required to have a personal barcode to be scanned with their finishing order barcode to record results. **No barcode, no result.**

Athletics Tasmania Registration Fees (1 October 2021 to 30 September 2022):

Out of Stadium Registration Fee \$65.00. Includes entry to all Athletic South events and eligibility for all State Road and Cross Country Championships. For further details, including full year and track training levy, contact your Club Registrar. Registration fees include AA/AT Personal Accident and Injury Insurance.

Athletics Tasmania All Year Registration includes Out of Stadium Registration

Duty Clubs:

Bellerive Beach XC	ESAC
Domain XC	TMA
Opossum Bay XC	NSAC
Lower Domain Road	UTAS
Snug HC	SBHC
Kempton Road	ESAC
Gellibrand Drive 3/6 XC	NSAC
Peter Murrell Reserve	TMA
Claremont HC	SBHC
Green Point Reserve Relay	ESAC
Upper Domain X Roads	NSAC
Grove XC	TMA
St Virgils XC	SBHC
Baskerville Road	OVA
Tolosa Park	NSAC
Gellibrand Drive 4/9 XC	SBHC
Wentworth Park HC	ESAC
Runnymede XC	TMA
Risdon Brook HC	UTAS/OVA

All clubs must provide enough officials to set up and pack up the course and, act as marshals and timekeepers/recorders as required. It is the responsibility of the duty club to collect and return the AS Winter Trailer from the Domain Athletic Centre. No points will be awarded to the duty club if they fail to meet their duty requirements on their rostered day.

Point Scoring System for Premiership and Consistency Awards

Points will be awarded to the first seven runners in each of the six age divisions (U/15, U/20, O/20, O/40, O/50 and O/60), in both Men and Women, according to the following schedule:

Division:	1st	2nd	3rd	4th	5th	6th	7th
Over 20	10	8	6	5	4	3	2
Over 40	10	8	6	5	4	3	2
Over 50	10	8	6	5	4	3	2
Over 60	10	8	6	5	4	3	2
Under 20	10	8	6	5	4	3	2
Under 15	10	8	6	5	4	3	2

- Every finisher after 7th place will receive 1 point.
- **Age as at 1 April 2022 will determine age Division for entire season.**

Winter Premiership Points:

Club points are allocated for each Premiership round on the following basis:

1 st	6 points	4 th	3 points
2 nd	5 points	5 th	2 points
3 rd	4 points	6 th	1 point

Individual Awards:

Consistency Awards by Division

Points towards the Consistency Awards will be allocated in all Premiership rounds, as per the above table, to both Men and Women in all Divisions.

Under 15 athletes will only score Premiership, Consistency, Cross Country and Handicap individual points in the short race of the day, with the exception of the following events where they may compete and score points in the longer race; Bellerive Beach, Snug, Gellibrand Drive 3/6 and Tolosa Park.

Athlete of the Season

Points towards the Athlete of the Season award will be allocated the first six male and female finishers in each premiership race, on the following basis:

1 st	6 points	4 th	3 points
2 nd	5 points	5 th	2 points
3 rd	4 points	6 th	1 point

The male and female Athletes of the Season will be determined by the total of points scored.

Cross Country Championship

Awards will be made to athletes in each division who score the greatest number of points, with the best four rounds to count only, in the designated Cross Country Championship races. All athletes may enter either the longer or shorter race of the day except for U/15 athletes who are not permitted to enter the long race. Point scoring is on the following basis: 1st - 10 points, 2nd - 9 points, 3rd - 8 points etc through to 1 point for 10th place.

Handicap Champion

The points scored in handicap races are awarded on the basis of 1st - 15 points, 2nd - 14 points, 3rd - 13 points etc through to 1 point for 15th, regardless of age group or gender. Points earned in the longer race (rounds 1, 3 and 5) count equally with points earned in the shorter race. The handicap champion is determined by the aggregate of points gained in the handicap races by the end of the season, with the best four rounds to count only. **For eligibility criteria, refer Handicaps Provisions 2022 download.**

Athletics South Winter Committee:

OOS Director	Fiona Lennon
Program	Fiona Lennon, Peter Lyden, Tony Sansom, Jim Court, Jarrod Gibson, Daniel Smee, Chris Sullivan, Paul Luttrell
Handicaps	Greg Hawthorne, Jim Court jcourt43@gmail.com
Results	Chris Sullivan cdscrows@yahoo.com.au
Entries	Clubs
Chief Time Keeper	Duty Club
OOS Referee	Peter Lyden
Jury of Appeal Chair	Helen Lee

Appeals: Any appeal is to be made in writing to the Jury of Appeal Chair within three days of any decision by the OOS Referee.

Athletics South athleticssouth.org.au (03) 6236 9766

Athletics Tasmania tasathletics.org.au (03) 6234 9551

Club Contacts:

<p>Eastern Suburbs Athletic Club (ES)</p>  <p>esac.run 0409 728 315</p>	<p>Northern Suburbs Athletic Club (NS)</p>  <p>nsac.org.au 0439 305 179</p>
<p>Sandy Bay Harrier Club (SB)</p>  <p>sbhc.org.au 0447 674 009</p>	<p>OVA Southern Saints Athletic Club (OVA)</p>  <p>ovasouthernsaints.com.au 0409 543 563</p>
<p>Tasmanian Masters Athletics Inc. (TMA)</p>  <p>tasmastersathletics.org.au 0418 171 834</p>	<p>University of Tasmania Athletics Club (UTAS)</p>  <p>utasathleticsclub.org.au</p>

Course Descriptions:

Austins Ferry - Starts at St Virgils College rear oval near the Joyce Performing Centre. Course meanders within the school grounds. Toilets available.

Bellerive Beach (Graeme Cruise Memorial) - Starts at Bellerive Beach directly below Bellerive Oval. Course is predominantly flat and on the beach with a short section around the headland between beaches. Toilets available. **Start Time 10:30am**

Claremont – Starts at the foreshore car park/reserve near the Box Hill Rd/Cadbury Rd Roundabout. A clockwise loop following the bike/walking track to Cadbury's Estate returning to the reserve via the old railway siding and then following the foreshore to Windermere Beach and returning to the starting point. A crossing over Faulkner's Rivulet. Toilets available at the Village Green 300 metres away.

Domain X Roads - Starts on the Soldiers Memorial Oval. Loop course on grass, parts of Soldiers Walk and surrounding tracks. Has a climb or two and is rough in patches, a challenging course. Toilets available.

Green Point Reserve - Bridgewater – Driving north along the East Derwent Highway, turn left into Scott Road at the first roundabout after the Jordan River Bridge (near Woolworths). Follow Scott Road until it ends and turn right into Killarney Road. Continue until the road ends. The course is on an undulating gravel path loop around the reserve headland with picturesque river views. Portaloo.

Grove - Starts at the packing shed of Smith's apple orchard, just off the Huon Highway in Grove. Turn off the Huon Highway at the Judbury/Ranelagh intersection. Course follows an undulating 2km loop through the apple orchard. Usually muddy so a change of footwear and clothes is recommended. Portaloo.

Howrah - Wentworth Park Playground - Starts at the playground at the end of Salacia Avenue, Howrah. The course is flat with a 2.5km loop on the grass through Wentworth Park and including Howrah beach. Toilets available. **Start Time 10:30am**

Huntingfield - Huntingfield Pony & Riding Club, Huntingfield Estate, Howden. The cross country course of 5km (loop) includes an undulating section over sandy ridges and a relatively flat section through open paddocks and wooded trails. It is rough at times and is quite challenging. Toilets available.

Kempton - Meet at the rotunda in picnic area on highway side of Main Rd opposite Sugarloaf Rd. A flat road 2km loop course through the township. Toilets available.

Lower Domain - Government House (John Keenan Memorial) - Starts at the southern end of the Lower Domain Road and follows this road to the Domain Highway and returns. The course is short but mainly sloping and is harder than it looks. Toilets available at the Botanical Gardens & Regatta Grounds.

Old Beach – Baskerville - Starts at Baskerville Raceway, off Baskerville Road. The road course follows the 2km loop of the race track. Toilets available.

Opossum Bay – Starts in a cul-de-sac on the northern end of the Opossum Bay Peninsula. Drive along Spitfarm Rd and continue north to the end of this road through a new subdivision. A picturesque undulating loop with spectacular water and mountain views – quite tough. Portaloo.

Risdon Brook Dam (Froggy Wise Memorial Handicap) - Course follows the road (closed to vehicles) around the 4.5km loop of Risdon Brook Dam. Some small hills. Toilets and BBQ facilities available. **Start Time 10:30am**

Runnymede (Jenny Lennon Memorial) - Located on a farm property (Whitemarsh, 4682 Tasman Highway), in Runnymede, on the northern side of the Tasman Highway, 3 km past the Levendale turnoff (Woodsdale Road). The cross country course is undulating on trails and vehicle tracks. Portaloo.

Sandford - Gellibrand Drive - Starts approx. 3K south of the Gellibrand Drive & Rifle Range Road intersection, Sandford. The cross country course is flat with some sandy sections on an extended 4.5K loop for Premiership round 13 and a shorter 3K loop for Premiership round 7. Portaloo.

Snug – Starts at Snug Beach foreshore, Beach Road, Snug. The course is a 3K loop consisting of mostly gravel paths, with a slight hill and a footbridge crossing. Toilets available.

Tolosa Park - Glenorchy – Starts in Tolosa Park near the Music Bowl. It is run on a variety of surfaces/tracks within the Park itself and the adjacent Glenorchy MTB park and consists of a 2.6K loop. Toilets available.

Upper Domain X Roads - Starts on the Upper Domain Road opposite the Soldiers Memorial Oval. The course utilises the 2.4K Max's Infinity Loop. Toilets and parking available at the Domain Athletic Centre. **Start Time 10:30am.**