

ATHLETICS SOUTH 2022
Handicap Champion and Eligibility Criteria

The points scored in handicap races are awarded on the basis of 1st - 15 points, 2nd - 14 points, 3rd - 13 points etc through to 1 point for 15th, regardless of age group or gender. Points earned in the longer race (rounds 1, 3 and 5) count equally with points earned in the shorter race. The handicap champion is determined by the aggregate of points gained in the handicap races by the end of the season, with the best four rounds to count only.

Eligibility for Handicap points

To be eligible for points in a handicap race, an athlete must complete the required number of qualifying runs prior to the event so that a reliable handicap can be calculated. A qualifying run must be at a rate of 8 ½ minutes per km or quicker. The number of qualifying runs for each event are as follows:

Snug 28 th May	At least three
Claremont 25 th June	At least four
Upper Domain 9 th July	At least four
Wentworth Park 27 th August	At least five
Froggy Wise 10 th September	At least five

Note that athletes must complete at least five qualifying runs to be eligible for a Froggy Wise Trophy.

As per all Athletics South competition events, athletes must be registered to be eligible for any point scoring/trophy recognition.